



DEPARTMENT OF HUMAN SERVICES

Behavioral Healthcare Division

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## DOCTORAL EXTERNSHIP TRAINING FOR CLINICAL PSYCHOLOGY FOR 2018-2019

**Program:** The Arlington County Mental Health Center accepts **two** clinical psychology doctoral students for the nine month training year, beginning after Labor Day, and continuing until the end of May. The students are exposed to clients with serious mental illness in the Behavioral Healthcare Division. They will have the chance to perform psychological evaluations of mentally ill individuals, and will also maintain a caseload of 4-5 clients, providing both case management services and therapy. They will also have the opportunity to see individual therapy clients and co-lead psycho-education groups at the Arlington County Detention Facility. The students are expected to attend weekly Treatment Team meetings, monthly Testing Seminar, and monthly didactic seminars presented by staff members. Topics of recent seminars have included Art Therapy, Anger Management, Dual Diagnosis, Dialectical Behavior Therapy and Crisis intervention. Supervision is provided by Licensed Clinical Psychologists, and the students will receive two hours of individual supervision weekly. The externs can expect to work 16 hours per week, including at least one evening. The students are expected to be available on Wednesdays and Thursdays. The agency staff consists of psychiatrists, psychologists, social workers, and psychiatric nurses as well as support staff. As part of a multidisciplinary team, the students will have an opportunity to interact with many staff members.

**Qualifications of Applicants:** The externship program accepts applications from doctoral level students in accredited clinical psychology programs. The students should be entering their third year of graduate study and should have prior experience with therapy clients. Students entering their second year will be considered if they have prior clinical experience.

Students interested in applying for the externship program should send a resume/vita, a letter of interest and three letters of recommendation, including at least one letter from a clinical supervisor. Applications are accepted from **January 15 through February 16, 2018**. All application materials should be sent to:

Amy Lieberson, Ph.D.  
Sequoia Plaza, #3  
2120 Washington Blvd, 3<sup>rd</sup> floor  
Arlington, VA 22204

Interested students can call Dr. Lieberson directly at (703) 228-4854 or Dr. Carol Sacks at (703) 228-4872 but we prefer email. E-mail queries to: [alieberson@arlingtonva.us](mailto:alieberson@arlingtonva.us) or [csacks@arlingtonva.us](mailto:csacks@arlingtonva.us).