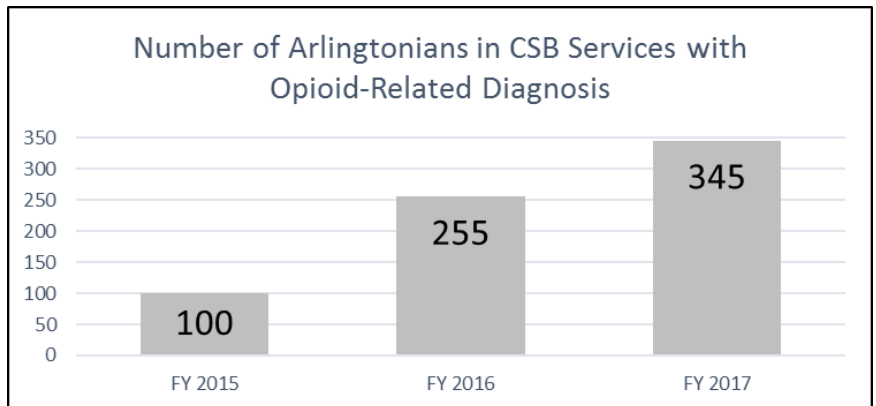


## Rise of Opioid-Related Incidents and Overdoses

- Since 2010, communities across the nation have seen a significant rise in opioid-related overdoses and deaths. Arlington County was somewhat insulated from the initial years of this crisis.
- This changed in 2016, when there was a significant increase in opioid-related incidents. The table to the right is just a piece of the issue as it shows police incidents only. This does not include hospital, treatment facilities or EMS data, etc., which have all seen a similar increase.
- The number of people seeking treatment for opioid use disorders has also risen: within County (Community Services Board)

| Calendar Year     | Total Incidents Involving Opioids <sup>(1)</sup> | Total Opioids Overdoses – Non-Fatal | Total Opioids Overdoses - Fatal |
|-------------------|--|-------------------------------------|---------------------------------|
| 2014              | No Record  | 10                                  | 4                               |
| 2015              | 73   | 10                                  | 4                               |
| 2016              | 122  | 33                                  | 12                              |
| 2017 (Thru 12/29) | 150  | 52                                  | 19                              |

<sup>(1)</sup> Includes heroin overdoses, possession and distribution cases.



programs, the number of clients with an opioid-related diagnosis rose from 100 in FY 2015 to 345 in FY 2017; community-based treatment programs have also seen increases (see chart).

## Arlington Addiction Recovery Initiative

- On January 26, 2017, the Arlington County Department of Human Services and Police Department hosted the first meeting of the Arlington Addiction Recovery Initiative.
- Stakeholders from across the County were invited, with representation from law enforcement, public schools, substance abuse treatment providers, Fire Department, Virginia Hospital Center, and non-profit partners (see complete list at end of document).
- This group has met monthly since then and has divided work among several priority areas and created action plans for efforts within priority areas.
  1. Increase Public Awareness of the Opioid Crisis
  2. Educate Community About Opioid Treatment Options
  3. Expand Access to Treatment and Recovery Supports
  4. Dissemination of Naloxone and Safe Prescribing
  5. Supply Reduction and Enforcement
  6. Data Management

## Departmental Actions

County departments have also developed specific interventions to address this crisis:

### Department of Human Services

- Development of an **Office-Based Opioid Treatment Program** in February 2017 -- a three-phase, medication-assisted program with intensive therapeutic treatment
- Launched same-day access for Behavioral Healthcare Division in December 2017
- More rigorous review of Prescription Monitoring Program (PMP) for all controlled substances prescribed to clients over the past year
- Changes in pain control policy of partnering primary care services
- Distribution of medication inactivation kits and participation in drug take-back days
- Collaboration with the AC Detention Facility to look at administering an opiate agonist (Vivitrol) for Arlington residents diagnosed with opioid dependence prior to release
- Collaboration with treatment vendors to manage detox and treatment
- Prevention work with public schools
- Analysis of existing services to identify and respond to gaps
- Developing a plan to provide training and make **Narcan** accessible for people with financial limitations
- Planning National Public Health Week campaign April 2-8 that will look at the opioid epidemic and reducing use.

### Courts

- Increase of opioid-dependent participants in **Drug Court**, a 15-month (minimum) treatment program
- Development by the Commonwealth Attorney's Office of a Community Outreach Program
- Criminal Justice collaboration to look at alternative treatment options

### Police and Fire Departments

- Organized Crime Section (OCS) detective response to every opioid-related overdose (fatal & non-fatal); collaboration with Homicide-Robbery on fatal overdoses
- Prioritization of heroin/opioid cases and investigations versus other drugs
- Pending assignment of detectives to an FBI Task Force in D.C. to specifically target D.C. distributors to Virginia users
- Use of the special grand jury to investigate overdose cases and prioritize opioid cases
- Safety equipment recommendations with modification/elimination of field testing for opioids
- Organized two **drug take-back initiatives** and collected approximately 400 pounds each time;
  - Next take-back event is scheduled for April 28, 2018
  - Providing community members with list of pharmacies that have drug take-back programs
  - Exploring options for year-round County sites for drug take-back
- Meetings with Arlington Public Schools superintendent to discuss increased drug use among teens
- Police and Fire review of practices in managing overdoses and use of Narcan
- Review & implementation of HIDTA OD Mapping to track overdoses

### All agencies

- Participation in **Town Hall Meeting** on Opioids November 12
  - **A follow-up community meeting is being planned for late April 2018.**

| <b>SUBSTANCE ABUSE ISSUE?</b>  | <b>¿ABUSO DE SUSTANCIAS?</b>  |
|--|---|
| <b>HELP IS AVAILABLE!</b>  | <b>EXISTE AYUDA DISPONIBLE</b>  |
| RPC SOCIAL DETOX<br>1554 COLUMBIA PIKE<br>ARLINGTON, VA 22204<br>703-228-0033<br>*24 HOUR ACCESS - 7 DAYS PER WEEK | DESINTOXICACIÓN SOCIAL RPC<br>1554 COLUMBIA PIKE<br>ARLINGTON, VA 22204<br>703-228-0033<br>LAS 24 HORAS LOS 7 DÍAS DE LA SEMANA |
| PHOENIX HOUSE<br>703-841-0703 (CHOOSE OPTION #1)   | CASA PHOENIX<br>703-841-0703 (CHOOSE OPTION #1)   |
| VIRGINIA HOSPITAL CENTER<br>703-558-6418   | VIRGINIA HOSPITAL CENTER<br>703-558-6418  |
| ARLINGTON BEHAVIORAL HEALTH INTAKE<br>703-228-4900 OR 703-228-4864   | APLICACIONES PARA INGRESAR AL<br>PROGRAMA DE SALUD MENTAL<br>703-228-4900, 703-228-4864   |
| ARLINGTON COUNTY EMERGENCY MH<br>703-228-5160  |   |
| ALCOHOLICS ANONYMOUS: 800-208-8649<br>NARCOTICS ANONYMOUS: 800-543-4670  | ALCOHÓLICOS ANÓNIMOS: 800-208-8649<br>NARCÓTICOS ANÓNIMOS: 800-543-4670   |

- Creation on Opioid Awareness page on County website, with list of local resources  
<https://health.arlingtonva.us/opioid-awareness/>
- Developed **resource cards** for distribution by all community members
- Attendance in local & regional opioid summits, conferences & training; working to develop data-share regionally
- Regional meetings with similar agencies to discuss trends, action plans and statistics
- Secretary Hazel organized a regional meeting and is partnering with Microsoft to address data-sharing

### **AARI Stakeholder Group**

- |  |  |
|--|--|
| • Arlington County Manager's Office              | • Virginia State Probation and Parole                  |
| • Arlington County Human Services                | • Community Corrections                                |
| • Arlington County Police Department             | • Offenders Aide and Restoration                       |
| • Arlington County Fire Department               | • Arlington Street People's Assistance Network (ASPAN) |
| • Arlington County Sheriff's Office              | • Family Advocates                                     |
| • Arlington Public Schools                       | • Virginia Hospital Center                             |
| • Office of the Commonwealth Attorney            | • Phoenix House  |
| • Office of the Public Defender                  | • Encore   |
| • Drug Court Program                             | • Volunteers of America                                |
| • Juvenile and Domestic Relations District Court |  |