

Arlington (AR)

	Arlington County	Error Margin	Top U.S. Performers	Virginia	Rank (of 133)
Health Outcomes					2
Length of Life					1
Premature death	3,200	3,000-3,500	5,300	6,100	
Years of Potential Life Lost Rate	3,200				
Years of Potential Life Lost Rate (Black)	6,500				
Years of Potential Life Lost Rate (Hispanic)	2,500				
Years of Potential Life Lost Rate (White)	3,100				
Quality of Life					5
Poor or fair health **	12%	12-13%	12%	16%	
Poor physical health days **	2.7	2.6-2.8	3.0	3.5	
Poor mental health days **	3.1	3.0-3.3	3.1	3.5	
Low birthweight	7%	6-7%	6%	8%	
% LBW	7%				
% LBW (Black)	10%				
% LBW (Hispanic)	6%				
% LBW (White)	6%				
Additional Health Outcomes (not included in overall ranking)					
Premature age-adjusted mortality	180	170-190	270	320	
Age-Adjusted Mortality	180				
Age-Adjusted Mortality (Black)	350				
Age-Adjusted Mortality (Hispanic)	140				
Age-Adjusted Mortality (White)	170				
Child mortality	40	30-50	40	50	
Child Mortality Rate	40				
Child Mortality Rate (Hispanic)	50				
Child Mortality Rate (White)	30				
Infant mortality	3	3-4	4	6	
Infant Mortality Rate	3				
Infant Mortality Rate (Hispanic)	6				
Infant Mortality Rate (White)	2				
Frequent physical distress	8%	8-8%	9%	11%	
Frequent mental distress	10%	9-10%	10%	11%	
Diabetes prevalence	4%	3-5%	8%	10%	
HIV prevalence	491		49	308	
Health Factors					4
Health Behaviors					4
Adult smoking **	12%	12-13%	14%	15%	
Adult obesity	18%	16-22%	26%	28%	
Food environment index	9.3		8.6	8.9	
Physical inactivity	15%	13-18%	20%	22%	
Access to exercise opportunities	100%		91%	83%	
Excessive drinking **	26%	25-27%	13%	17%	
Alcohol-impaired driving deaths	20%	9-33%	13%	31%	
Sexually transmitted infections	355.2		145.1	424.5	
Teen births	13	11-14	15	21	
Teen Birth Rate	13				
Teen Birth Rate (Black)	12				
Teen Birth Rate (Hispanic)	33				
Teen Birth Rate (White)	3				
Additional Health Behaviors (not included in overall ranking)					
Food insecurity	8%		10%	11%	
Limited access to healthy foods	0%		2%	4%	
Drug overdose deaths	8	6-11	10	14	
Drug overdose deaths - modeled	8-11.9		8-11.9	16.7	
Motor vehicle crash deaths	3	2-4	9	9	
Insufficient sleep	34%	34-35%	27%	36%	
Clinical Care					10
Uninsured	7%	6-8%	6%	10%	
Primary care physicians	1,360:1		1,030:1	1,320:1	

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Dentists	1,530:1		1,280:1	1,490:1	
Mental health providers	710:1		330:1	680:1	
Preventable hospital stays	21	19-24	35	43	
Diabetes monitoring	85%	80-90%	91%	87%	
% Receiving HbA1c	85%				
% Receiving HbA1c (Black)	87%				
% Receiving HbA1c (White)	85%				
Mammography screening	62%	58-66%	71%	64%	
% Mammography	62%				
% Mammography (Black)	55%				
% Mammography (White)	63%				
Additional Clinical Care (not included in overall ranking)					
Uninsured adults	8%	7-9%	7%	12%	
Uninsured children	4%	3-4%	3%	5%	
Health care costs	\$7,804			\$8,890	
Other primary care providers	1,756:1		782:1	1,298:1	
					3
Social & Economic Factors					
High school graduation	85%		95%	86%	
Some college	90%	88-92%	72%	70%	
Unemployment	2.6%		3.2%	4.0%	
Children in poverty	8%	6-11%	12%	14%	
% Children in Poverty	8%				
% Children in Poverty (Black)	23%				
% Children in Poverty (Hispanic)	25%				
% Children in Poverty (White)	3%				
Income inequality	4.0	3.9-4.2	3.7	4.8	
Children in single-parent households	21%	18-24%	20%	30%	
Social associations	13.6		22.1	11.2	
Violent crime	146		62	194	
Injury deaths	30	27-33	55	58	
Additional Social & Economic Factors (not included in overall ranking)					
Disconnected youth	8%		10%	12%	
Median household income	\$108,600	\$103,500-113,800	\$65,100	\$68,100	
Household Income	\$108,600				
Household income (Black)	\$61,200				
Household income (Hispanic)	\$67,400				
Household income (White)	\$125,500				
Children eligible for free or reduced price lunch	30%		33%	41%	
Residential segregation - black/white	52		23	50	
Residential segregation - non-white/white	34		14	41	
Homicides	1	1-2	2	4	
Firearm fatalities	3	2-4	7	11	
					41
Physical Environment					
Air pollution - particulate matter **	10.1		6.7	8.7	
Drinking water violations	No				
Severe housing problems	15%	14-16%	9%	15%	
Driving alone to work	54%	53-55%	72%	77%	
% Drive Alone	54%				
% Drive Alone (Black)	58%				
% Drive Alone (Hispanic)	54%				
% Drive Alone (White)	56%				
Long commute - driving alone	44%	42-46%	15%	39%	

Areas to Explore Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.
 Note: Blank values reflect unreliable or missing data
 ** Data should not be compared with prior years